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# **Semi-physiologic Population PKPD Model Characterizing the Effect of Bitopertin (RG1678) Glycine Reuptake Inhibitor on Hemoglobin Turnover in Humans**

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PAGE 2012, abstract #2553, Venice, 06 June 2012

# Background

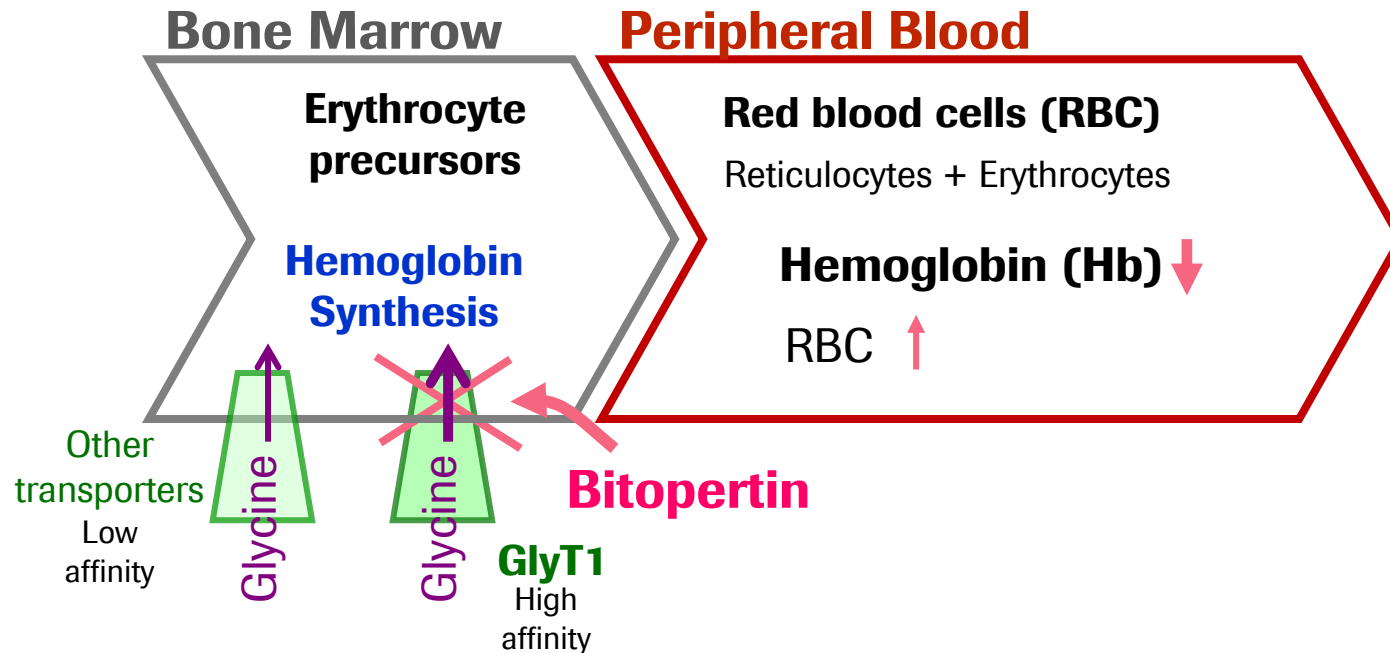
- Bitopertin is a selective glycine reuptake inhibitor targeting the **glycine type 1 transporter (GlyT1)**
  - ∅ Currently in late stage development as a potential novel therapeutic approach in schizophrenia
  - ∅ In the brain, inhibition of GlyT1 results in increased synaptic glycine levels leading to improved NMDA\* receptor function
- Outside the brain, GlyT1 is also localized on **erythrocyte precursors** in the bone marrow and on circulating reticulocytes
  - ∅ Glycine is required for hemoglobin (Hb) synthesis
  - ∅ Complete ablation of GlyT1 in knock-out mice results in a 26 % Hb decrease <sup>1</sup>
- The **hematological effect of bitopertin** was studied in a 4 month phase 1 study in healthy subjects

<sup>1</sup>Schranzhofer et al., ASH meeting 2011, abstract #345

\*NMDA = N-methyl-D-aspartate

# Bitopertin Effect on Hemoglobin Synthesis

➔ **Proposed mechanism: reduced Hb synthesis is due to reduced glycine uptake in erythrocyte precursors**



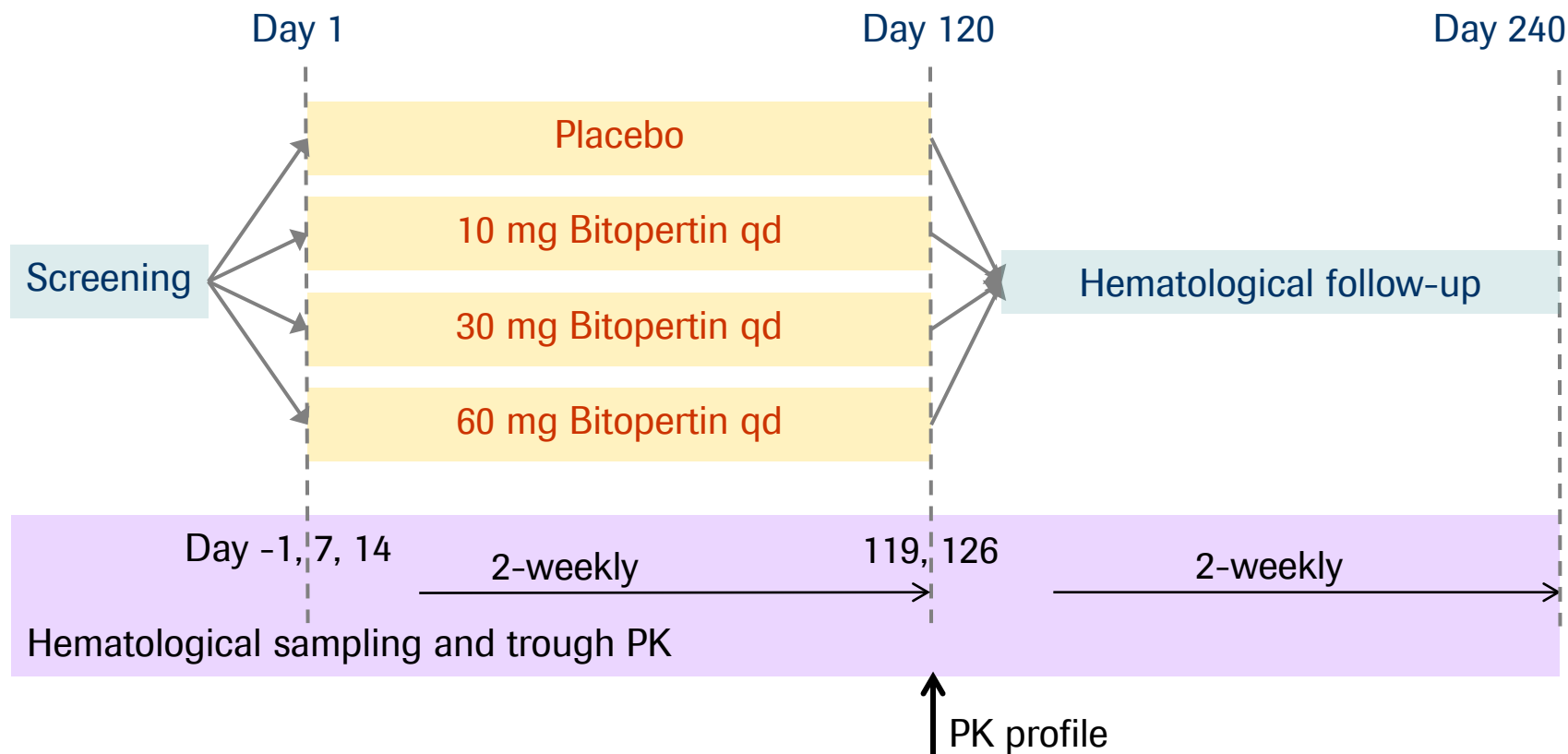
# Objectives

## **A semi-mechanistic PKPD model for bitopertin was developed in order to**

- Characterize the proposed effect of GlyT1 inhibition on the hematological system, taking into account hemoglobin synthesis and red blood cell turnover
- Support drug development with respect to the effect of bitopertin on hemoglobin concentrations as an important clinical parameter

# Phase 1 Study in Healthy Subjects

*To assess the hematological effects of 4 month treatment*



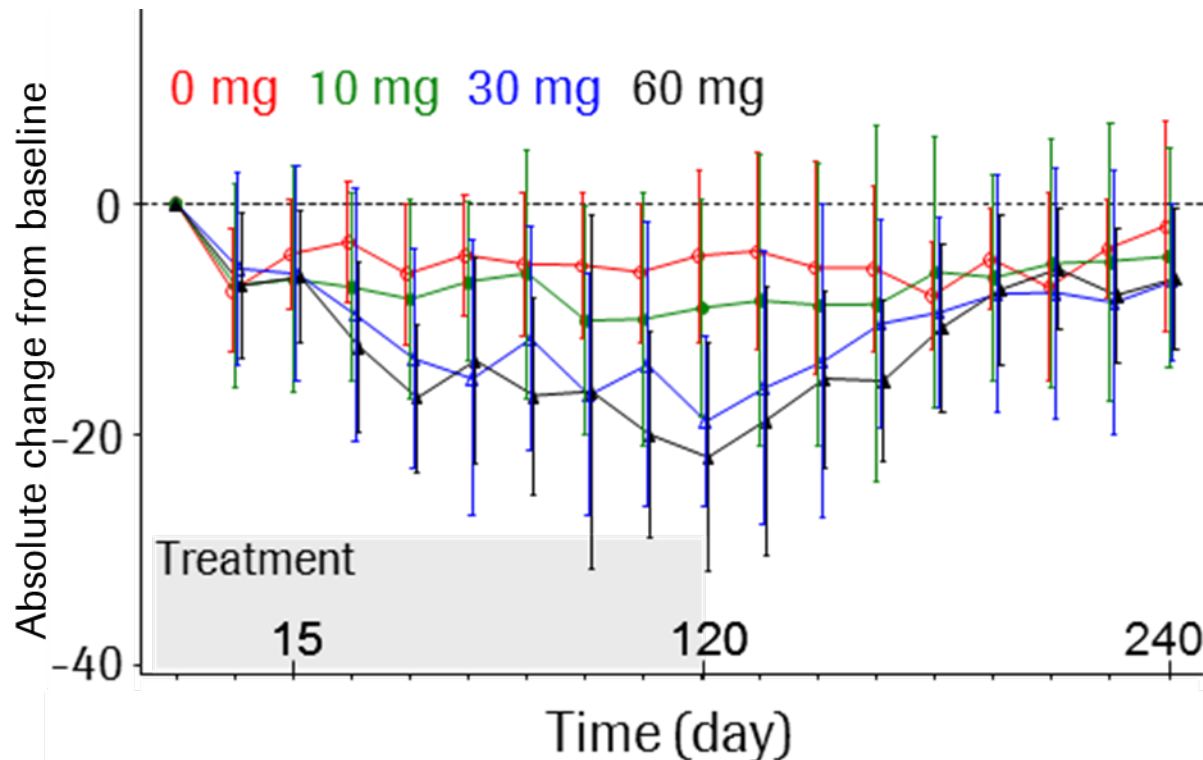
## Population:

- 67 healthy male and female subjects enrolled
- Aged 18 to 45 years; baseline Hb within normal lab range

# Hematological Data Observed in Healthy Subjects

## *Hemoglobin blood concentration*

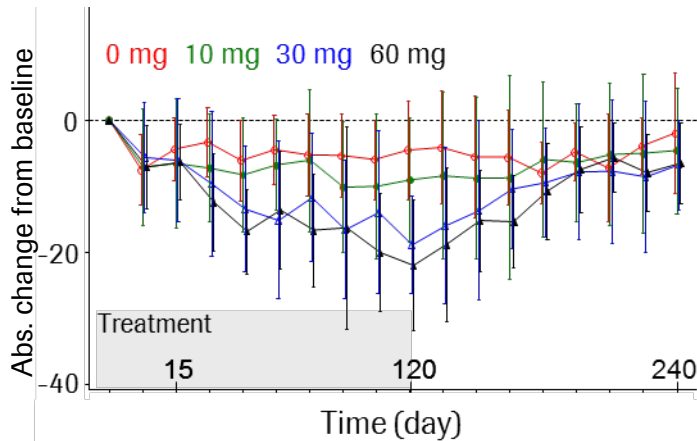
Hb (g/L)



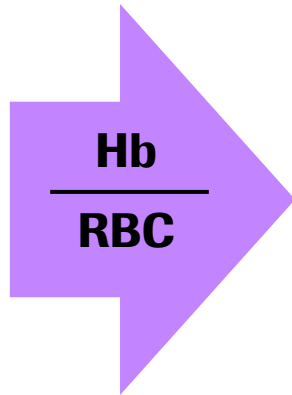
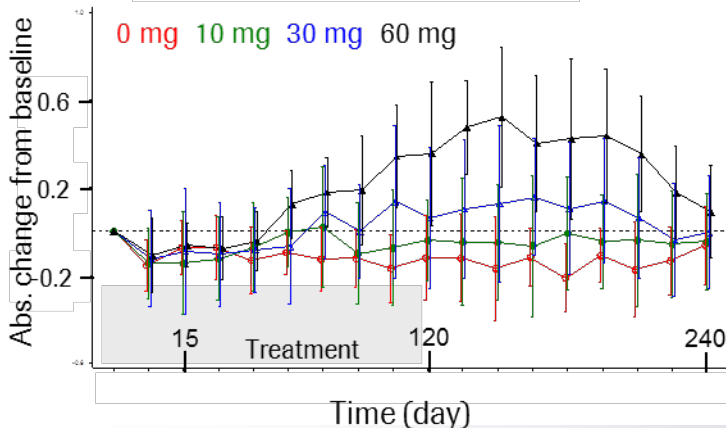
- Dose dependent decrease of Hb
- Reversible effect
- Plateau of effect delayed due to RBC lifespan
- No subject reached Hb discontinuation threshold (100 g/L in females, 110 g/L in males)
- About one week to PK steady-state

# Hematological Data Observed in Healthy Subjects

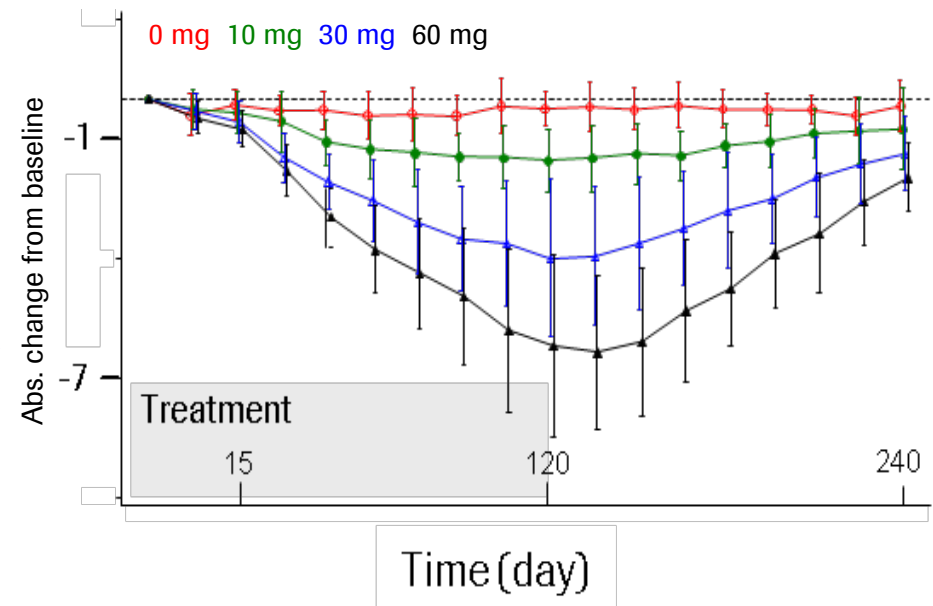
## Hb (g/L)



## RBC ( $10^{12}/L$ )



## Mean Corpuscular Hemoglobin MCH = Hb/RBC (pg/RBC)

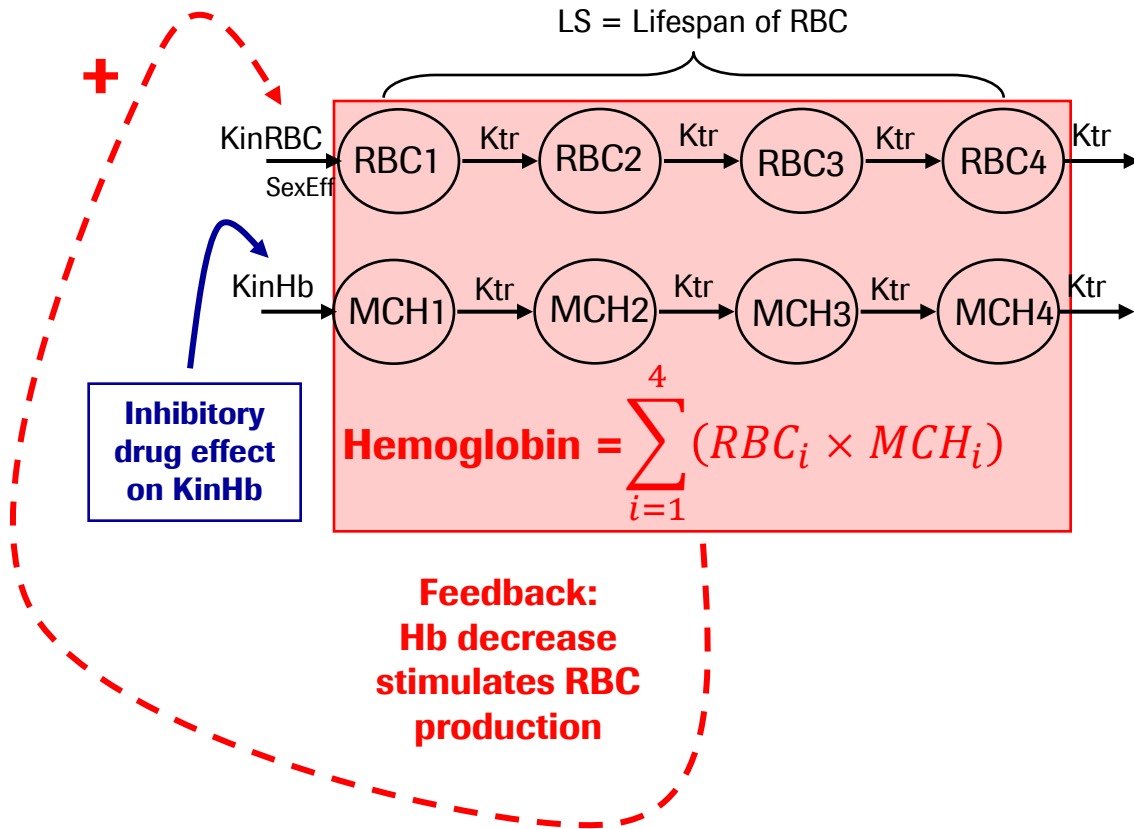


- Decreased amount of Hb per red blood cell due to decreased Hb synthesis
- Plateau of effect delayed due to RBC lifespan



**MCH best reflects drug effect on Hb synthesis**

# Semi-physiologic PKPD Model for GlyT1 Inhibitory Effect on Hemoglobin



- Two parallel chains of transit compartments<sup>1</sup> represent the **production, senescence and elimination of RBC, with their respective MCH**
- AUCss is driving the inhibitory drug effect
- Model fit to **MCH and RBC** data simultaneously in NONMEM 7

## Estimated Parameters:

**KinRBC, KinHb, LS, Emax, AUC50, Feedback, SexEff**

<sup>1</sup>Hamrén et al., Clin Pharm Ther 84:228-35, 2008

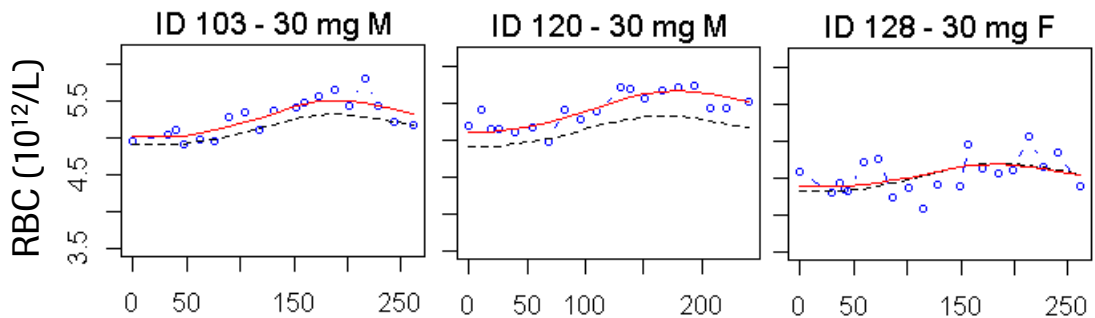
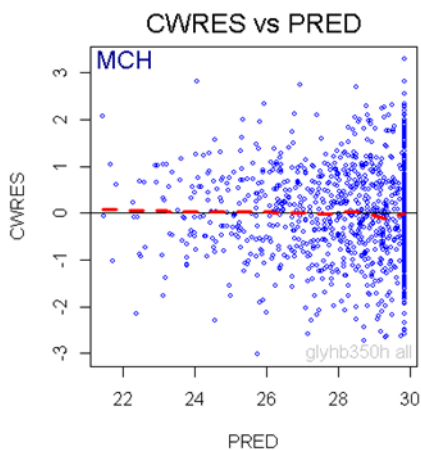
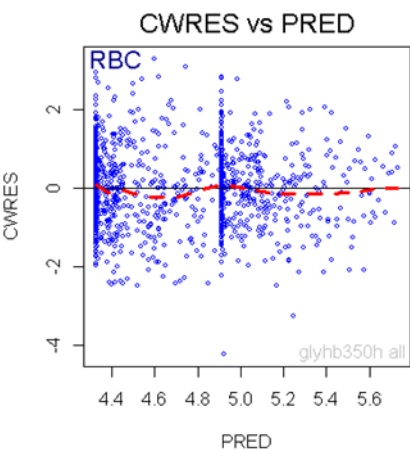
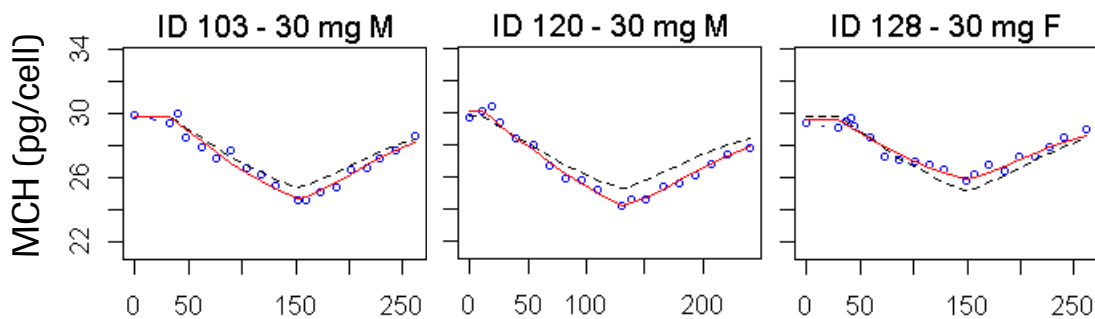
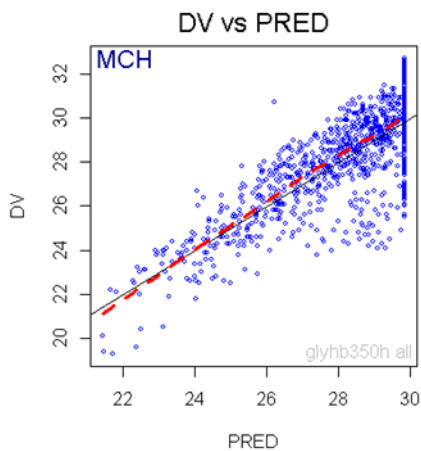
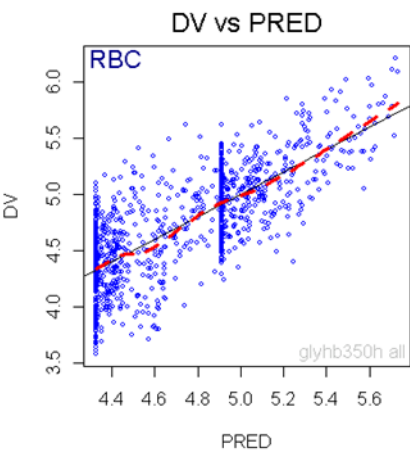


# Model Diagnostics: GoF Plots

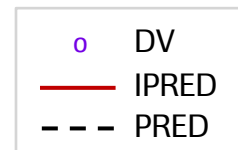
## RBC

## MCH

## Individual Fits: MCH and RBC vs. TIME

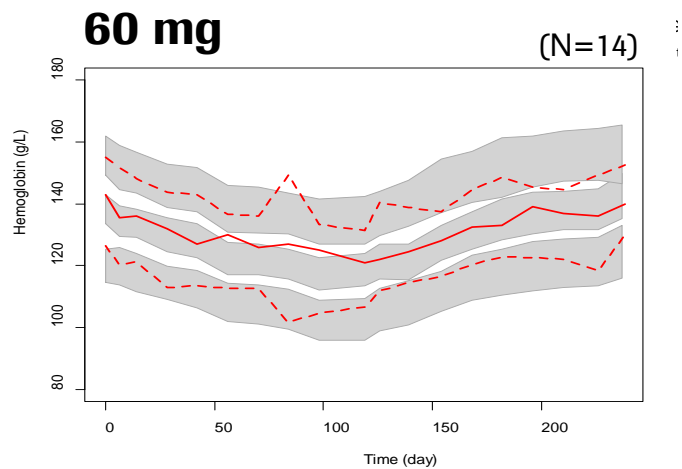
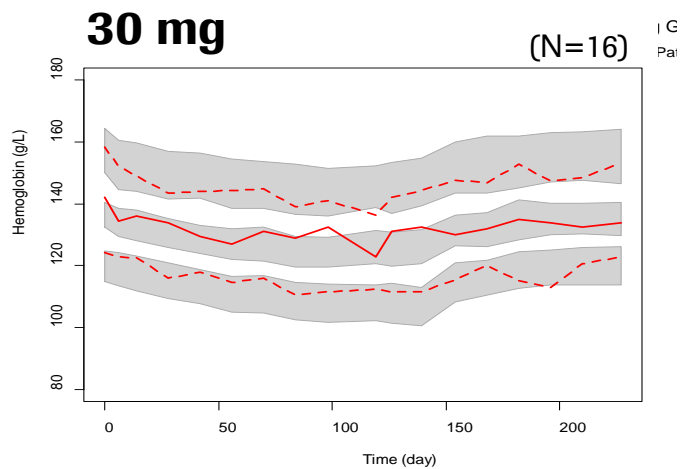
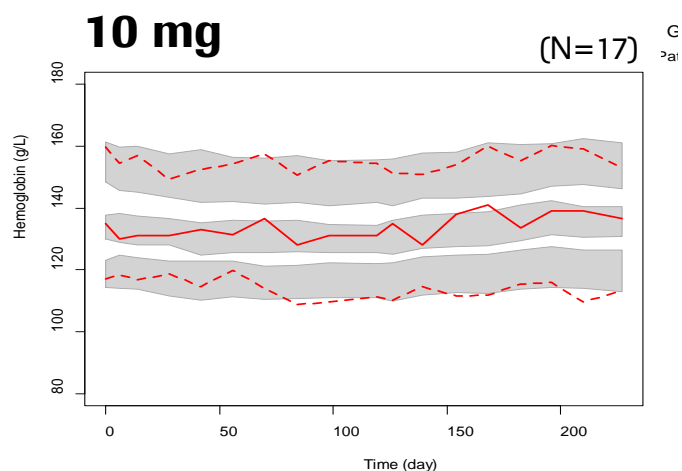
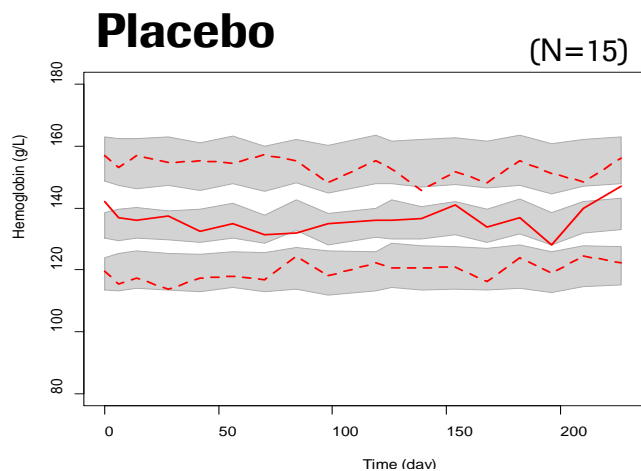


TIME (days)



# Model Predictive Performance for Hemoglobin

*VPC for hemoglobin, predicted as cumulative RBC x MCH*



$$Hb = \sum_{i=1}^4 (RBC_i \times MCH_i)$$

**Simulated Hb**

- Median, 5<sup>th</sup>, 95<sup>th</sup>

**Observed Hb**

- Median
- 5<sup>th</sup>, 95<sup>th</sup>

# Results

## PKPD parameter estimates

	Unit	Estimate	% RSE	IIV (% CV)
LS	days	126	4.5	24.9
KinHB	pg/cell/day	0.949	4.8	28.0
KinRBC	10 <sup>12</sup> /L/day	0.039	4.3	24.3
Feedback		1.38	12.4	
Emax	fraction	*	13.2	
AUC50	mg/L*h	*	23.2	49.2
SexEff		-0.119	8.0	
ERR_RBC	10 <sup>12</sup> /L	0.183	3.0	
ERR_MCH	pg/cell	0.346	2.7	

Physiological parameters estimates generally in line with values in the literature

### Baseline values (derived)

	Unit	males	females
MCH <sub>0</sub>	pg/cell	29.8	29.8
RBC <sub>0</sub>	10 <sup>12</sup> /L	4.9	4.3
HB <sub>0</sub>	g/L	147	129



% RSE: Relative Standard Error

Feedback mechanism (FDB):

Scaling parameter to describe the stimulation on RBC production rate as a feedback to Hb reduction

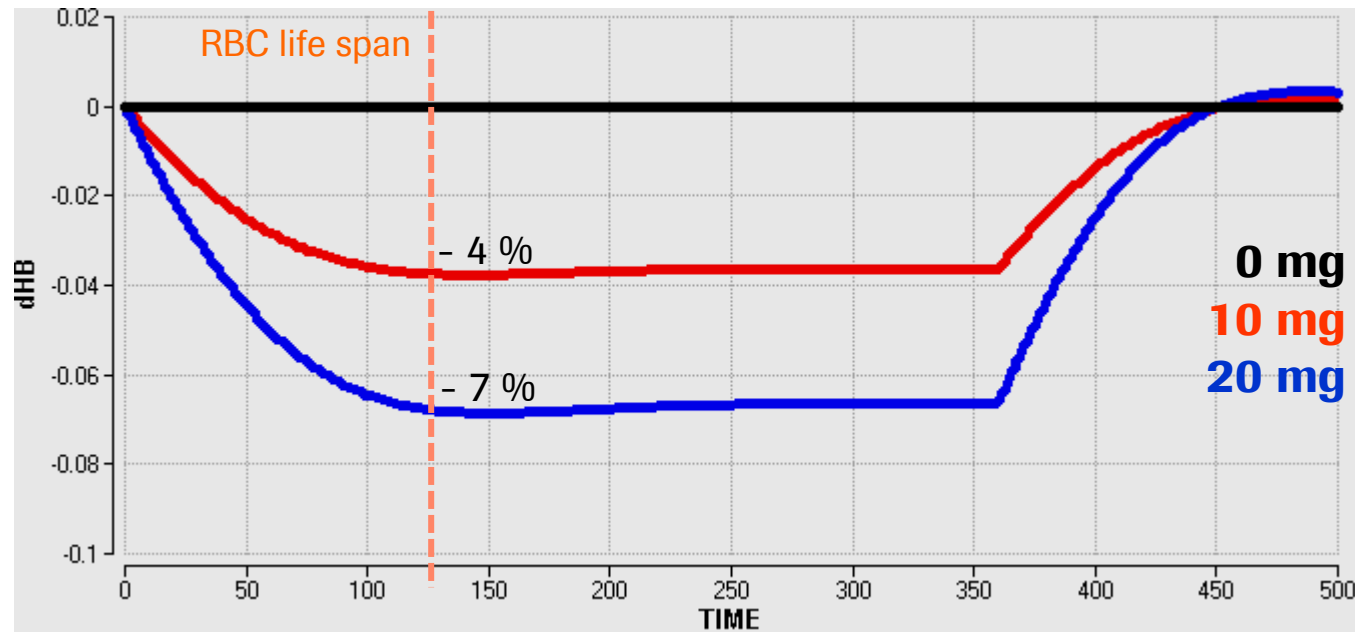
$$\text{KinRBC} = \text{KinRBC}_0 * [1 + (\text{HB}_0 - \text{HB}) / \text{HB}_0 * \text{FDB}]$$

SexEff: Female patients have 11.9 percent lower KinRBC

# What is the predicted long term effect on Hb?

*Doses up to 20 mg tested in phase 3*

## Predicted Hb change from baseline (%) for 360 days of treatment



Maximum Hb change from baseline (nadir) expected shortly after one RBC life span

Less than 10 % Hb drop expected at projected therapeutic doses

# Conclusions

- The physiology of the hematopoietic system together with the inhibitory effect of bitopertin on Hb synthesis were integrated in the semi-physiologic PKPD model to successfully fit the data from healthy subjects
- The effect on hemoglobin, as the key clinical parameter, is best predicted by fitting MCH and RBC data simultaneously
- The model is a useful tool to support bitopertin drug development, and phase 3 trials will provide further information